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| **Nursing Theory** | **Client** | **Health** | **Environment** | **Nursing** |
| Roy  [Adaptation Model] | Human Being- a dynamic system with input & output. | A continuum with the ability to adapt successfully to illness. | Both internal & external stimuli that affect behavior. | Multistep process that helps the client adapts & reaches the highest level of function. |
| Omen [Self-Care Model] | Human being- biological, psychological, social being with the ability for self care. | Able to live life to the fullest to self-care. | The medium through which the client moves. | Assistance in self-care activities to help the client achieve health. |
| Watson [Human Caring Model] | Individual- has needs, grows & develops to reach a state of inner harmony. | Dynamic state of growth and development leading to full potential as a human being. | The client must overcome certain factors to achieve health. | Science of caring that helps client reach their greatest potential. |
| Johnson [Behavior System Model] | Person- a behavioral system; an organized, whole composed of seven subsystems. | A behavioral system able to achieve a balanced, steady state. | All the internal and external elements that affect client behavior. | Activities that manipulate the environment and helps clients achieve the balanced state of health. |