

Multi pregnancy ( Twins )

Done By : Duaa AlMashamea

ID NO. 311010098

Level (6)

Reproductive

**What is a multiple pregnancy?**

A multiple pregnancy means that a woman has two or more babies in her [uterus](http://www.webmd.com/hw-popup/uterus). These babies can come from the same egg or from different eggs.

Babies that come from the same egg are called **identical**. This happens when one egg is fertilized by one [sperm](http://www.webmd.com/infertility-and-reproduction/guide/sperm-and-semen-faq).

If the babies you're carrying are identical, they:

* Are either all boys or all girls.
* All have the same [blood](http://www.webmd.com/heart/anatomy-picture-of-blood) type.
* Probably will have the same body type and the same color [skin](http://www.webmd.com/skin-problems-and-treatments/picture-of-the-skin), [hair](http://www.webmd.com/skin-problems-and-treatments/picture-of-the-hair), and [eyes](http://www.webmd.com/eye-health/picture-of-the-eyes). But they won't always look exactly the same. They also won't have the same fingerprints

Babies that come from different eggs are called **fraternal**. This happens when two or more eggs are fertilized by different sperm

If the babies you're carrying are fraternal, they:

* Can be both boys and girls.
* Can have different blood types.
* May look different from each other or may look the same, as some brothers and sisters do.

**Symptoms**

* Early and excessive nausea and vomiting in the first [trimester](http://www.webmd.com/hw-popup/trimester).
* Extra [weight](http://www.webmd.com/diet/tc/healthy-weight-what-is-a-healthy-weight) gain.
* Backache.
* A [uterus](http://www.webmd.com/hw-popup/uterus) that is large
* High level HCG
* **abnormal amounts of amniotic fluid**
* fetal movements felt in different parts of abdomen at same time.

**What causes a multiple pregnancy?**

[fertility drugs](http://www.webmd.com/hw-popup/fertility-drugs)

age 35 or older

had fraternal babies before

Anyone on of the family has had fraternal babies

stopped using [birth control pills](http://www.webmd.com/sex/birth-control/birth-control-pills).

**risks of a multiple pregnancy**

[preeclampsia](http://www.webmd.com/hw-popup/preeclampsia)

Develop a type of [diabetes](http://diabetes.webmd.com/default.htm)

Premature labor

Abortion

[birth defect](http://www.webmd.com/baby/tc/birth-defects-testing-what-are-birth-defects-tests)

postpartum hemorrhage

**How is multiple pregnancy diagnosed?**

**pregnancy blood testing** - Levels of human chorionic gonadotropin (hCG)

**alpha-fetoprotein** - Levels of a protein released by the fetal liver and found in the mother's blood

**ultrasound**

**Management of multiple pregnancy**

**increased nutrition**

**more frequent prenatal visits**

**increased rest**

**delivery and labor**

Cesarean section Or a vaginal birth really depends on the presentation of your babies, any complications during pregnancy or labor, like high blood pressure